



Neurographic Chalk Drawing

Junior Primary - Secondary

LESSON PLAN

TITLE: Neurographic Chalk Drawing

YEAR LEVELS: Junior Primary - Secondary

TIME FRAME: 1 x 1 hour lesson

LEARNING GOALS

To develop skills and techniques in using chalk pastel as a water colour medium.

To Understand mindfulness practices and use them to create art.

SKILLS

In this lesson students will explore Neurographic art and implement mindfulness practices to create an abstract piece. Students will create flowing lines with black marker and add colour to their piece using a chalk pastel water colour technique.

MATERIALS

Chalk pastels
Black marker
Thick paper (200gsm) or water colour paper

ACTIVITY BREAKDOWN

Lesson 1

Students explore Neurographic art. Discuss how mindfulness practices can be used to inspire artworks and how creating art can be therapeutic. Show students examples of these types of drawings discussing the types of lines, use of colour and how these lines create shape.

Students use a black marker and draw lines over their page. Students find the areas where the lines cross over and fill those gaps or round them off. This will make all the lines seem connected and create new shapes in their drawing. Students may want to think of a problem or a worry that they have as they draw their line to try and release that emotion.

Show students how to use water with chalk pastel. Students add colour to their work by using this technique. Students layer over colours and create different tones in their piece. Students may wish to choose colours which represent their feelings.

REFLECTION / EXTENSION

Reflection: Students can describe the lines in their work and how those lines create shape. Discuss how colour has been used in the work and how this may portray an emotion within the art.

Extension: Students can work on a large scale and experiment with a variety of different mediums to add colour to their piece. Students can also work over their piece adding in small details and patterns.